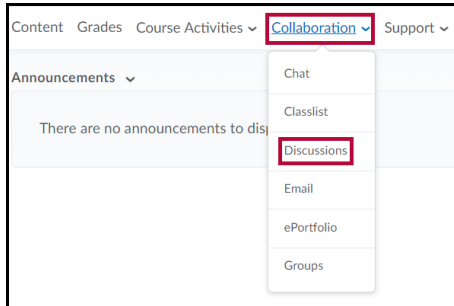


Manage Subscriptions to Discussions

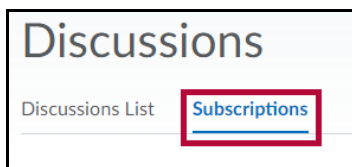
Last Modified on 06/29/2021 12:44 pm CDT

Discussion Subscriptions

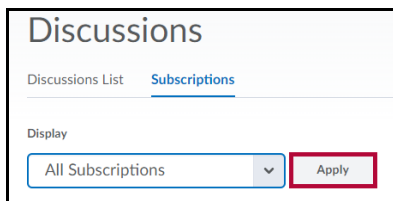
1. Go to **Collaboration** > **Discussions** in the navbar.



2. Click on the **Subscriptions** tab.



3. Select which of your current subscriptions to view and click **Apply**.



4. Choose one of the following options (your selection will be saved automatically):
 - Show notifications in minibar only
 - Send me an instant notification
 - This requires that email and/or a phone number have been added to your Contact Methods
 - See [Setting Up Notifications \(https://vlac.lonestar.edu/help/a348\)](https://vlac.lonestar.edu/help/a348)
 - Include in my summary of activity

Default Notification Method

Show notifications in minibar only

Send me an instant notification

Include in my summary of activity

Emails will be sent to [Change your notification settings.](#)

See also [Participating in Discussions \(https://vlac.lonestar.edu/help/a353\)](https://vlac.lonestar.edu/help/a353)