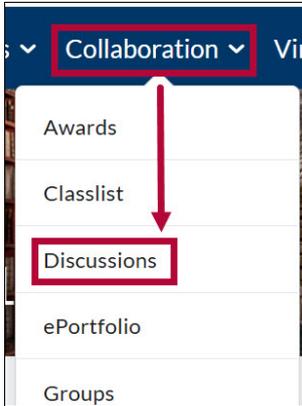


Manage Subscriptions to Discussions

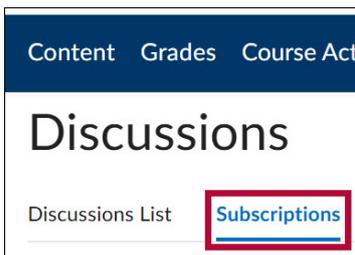
Last Modified on 01/23/2025 1:57 pm CST

Discussion Subscriptions

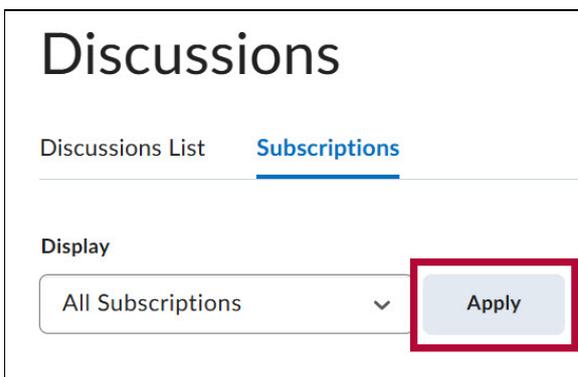
1. From the Navbar, navigate to **[Collaboration]** followed by **[Discussions]**.



2. Select the **[Subscriptions]** tab from the Discussions page.



3. Select which of your current subscriptions to view from the dropdown menu and select **[Apply]**.



4. Choose one of the following options (your selection will be saved automatically):
 - Show notifications in minibar only
 - Send me an instant notification
 - This requires that email and/or a phone number have been added to your Contact Methods)

- See [Setting Up Notifications \(https://vlac.lonestar.edu/help/set-up-notifications\)](https://vlac.lonestar.edu/help/set-up-notifications)
- Include in my summary of activity

Default Notification Method

Show notifications in minibar only

Send me an instant notification

Include in my summary of activity

Emails will be sent to [Change your notification settings.](#)

See also [Participating in Discussions \(https://vlac.lonestar.edu/help/a353\)](https://vlac.lonestar.edu/help/a353)
